

## What our pupils say about PE:

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### Year 6:

“We have more control over our movements when doing different types of rolls in Gymnastics lessons – this is from practising many times.”

“I go to gymnastics lessons and I can use what I have learned in my PE lessons whilst supporting my friends.”

“I would like to learn how to balance my body in different ways.”

“We have learned the mirroring techniques so when we work in a pair or group we can create a sequence.”

“In gymnastics we have been focusing on moving in unison, mirroring and canon. Would you like me to tell you the meaning of all of them?”

“We have worked on our agility and flexibility in other year groups and have more control now.”

“In Year 4, we learned how to control our balance and use our coordination.”

“Warming up before a lesson means that our bodies are ready and there is less chance of injury.”

### Year 5:

“In PE you have to work as a team together in order to win games.”

“One key way to win a game is to make sure you defend the ball so that the opponents cannot score.”

“I know it is important to play as a team and be gracious in defeat.”

## **Year 4:**

“We are working with the coach this term and are really enjoying it. We have learned many new skills such as working as a team and defending when playing against someone.”

“In the autumn term we had swimming lessons at the local centre. I have learned some important life skills on how to survive when in water and different swimming styles.”

## **Year 3:**

“We are building our confidence of how to take part in team games.”

“We know how to uplevel our learning by thinking about skills needed for defending the ball.”

“In our previous lessons we learnt about passing, catching and receiving the ball. Now we are learning to be attackers and defenders.”

“It is important to look after your body and that is why we warm up before our PE lesson so our muscles do not hurt.”

“For our warm up we stretch our muscles and do squats because that helps make us strong.”

“In order to become an athlete you have to have a strong body and mind.”

## **Year 2:**

“We have learned the forward roll through practice and learning from others.”

“I can now balance and hold my position.”

“Focusing on one thing helps my balance.”

“I did not know how to do a forward roll in Year 1 but I can do that now and also an egg roll.”

## **Year 1:**

“We have learned how to dribble the ball and now I want to know how to throw the ball and catch it.”

“We warm up before the lesson with stretching and doing squats so it does not hurt our muscles and our body is healthy.”

“We have learned how to pass the ball to one another in different ways.”

“I need to roll the ball harder to get it in the hoop.”

“We’re rolling balls.”

“I like warming up or I’ll be cold.”

“I like jogging in PE, it’s my favourite.”

“Red is freeze, amber is jump and green is skip.”

## **Reception:**

“I’m rolling the ball”.

“I need to have control.”

“I like PE, I’m bouncing the ball”.

“I’ve been learning how to dribble the ball with one hand then 2 hands.”

‘I like rolling the ball’.