Looking Forward



19th March 2023
4th Sunday of Lent
In the Gospel of John,

Jesus says "I am

the light of the world."



Looking Forward in Charity

Lord Jesus, teach me to be generous.

Teach me to serve as you deserve,

To give and not to count the cost,

To fight and not to heed the wounds,

To labour and not to seek to rest,

To give of my self

and not ask for a reward,

Except the reward of knowing

that I am doing your will.

"SWARGASTHANAAYA NJANGALUDE PITHAAVE"

HOLY MARTYRS OF ENGLAND AND WALES

St John Houghton (1486-1535) was the first Catholic martyr to die under Henry VIII. Thomas More saw John and his friends being taken to their execution and said: "Look at these blessed Fathers cheerfully going to their deaths as bridegrooms to their marriage!"



"Enthusiasm demonstrates this: that one has something of God inside."

- Pope Francis, Papal address, 2014

Saint Oscar Romero: 24th March

Oscar Romero was the Archbishop San Salvador during a time of widespread violence and oppression of the poor. In 1977 a personal friend was assassinated for speaking out; this deeply affected Romero, who wrote "If they have killed him for doing what he did, then I too have to walk the same path." He spoke out and urged people to live out Christ's message of love. He was shot dead while saying Mass in 1980.







