

[WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	BBQ Chicken	Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU)	Roast Turkey & Gravy	Meatball Pasta Bake (E, G, MK, SO)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	BBQ Vegetables (CE, G*)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable Parcel (CE, G)	Tomato & Basil Pasta (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Rice, Sweetcorn & Peppers (CE)	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Syrup Sponge with Custard (E, G, MK)	Classic Jam Sponge & Custard (E, G, MK, SO*, SU)	Iced Vanilla Sponge (E, G, MK)	Vanilla Shortbread Biscuit (G)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

[WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 21st Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Savoury Beef Mince (CE)	Meat Feast Pizza (G, MK)	Chicken Casserole (CE)	Butter Chicken Curry & Rice (CE, G*)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Winter Vegetable Stew (CE)	Margherita Pizza (G, MK)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Lentil Dhal (CE, G)	Veggie Sausage Roll (G, MK*)
Vegetable Choice	Rice, Carrots & Cabbage	Seasoned Potato Wedges & Baked Beans	Rustic Roast Potatoes & Seasonal Vegetables	Green Beans & Cauliflower	Beans or Peas
Dessert of the Day	Honey & Raisin Flapjack (G)	Toffee Pear Crumble (G, MK)	Classic Jam Sponge & Custard (E, G, MK, SO*, SU)	Apple Pie & Custard (G, MK)	Chocolate Cake (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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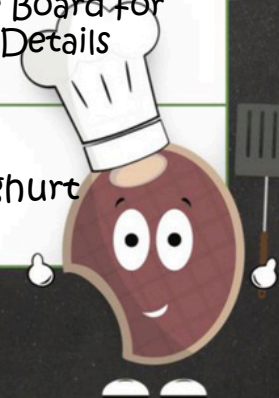


Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Butchers Sausage & New Potatoes with Gravy (G, SO, SU)	BBQ Jerk Chicken	Roast Chicken & Gravy	Spaghetti Beef Bolognese (G)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Veggie Sausage & New Potatoes with Gravy (G)	Roasted Vegetable Cottage Pie	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Vegetable Bolognese with Spaghetti (CE, G)	Cheesy Calzone & Chips (G, MK)
Vegetable Choice	Peas & Broccoli	Rice & Peas & Seasonal Vegetables	Rustic Roast Potatoes & Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Winter Berry Traybake (E*, G, MK, SO)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Lemon Drizzle Cake (E, G, MK, SU)	White Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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