

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 16th Jan - Mon 6th Feb - Mon 6th Mar - Mon 27th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Ragu	BBQ Chicken Fillet	Roast Turkey & Roast Gravy	Jerk Chicken	GF Breaded Baked Fish & Tomato Ketchup (F)
Vegetarian Dish of the Day	Butternut Squash & Pesto GF Pasta (CE, SO*)	Roasted Vegetable Frittata (E)	Vegetable Casserole (CE)	Spiced Bean Chilli (CE)	GF Cheesy Pizza (MK)
Vegetable Choice	GF Penne (SO*) Broccoli Chefs Salad	Homemade Wedges Sweetcorn Peas	Baby Roast Potatoes Medley of Seasonal Vegetables	Steamed Rice Roasted Cauliflower Carrot Batons	Chips Baked Beans Peas
Dessert of the Day	Seasonal Fruit Pot	Winter Fruit Jelly	Dutch Roasted Apples with Cream (MK)	Banana Mousse (MK)	GF Muffin (E, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar GF Breads (SO, MK) Fresh Fruit Salad	Salad Bar GF Breads (SO, MK) Fresh Fruit Salad	Salad Bar GF Breads (SO, MK) Fresh Fruit Salad	Salad Bar GF Breads (SO, MK) Fresh Fruit Salad	Salad Bar GF Breads (SO, MK) Fresh Fruit Salad



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

ST EDWARDS  
GLUTENFREE