

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 25th Apr - Mon 16th May - Mon 13th Jun - Mon 4th Jul



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|--|--|--|--|
| Main Dish of the Day | Turkey Casserole (CE) | GF Meaty Meatball Pizza (E, MK, SO) | Roast Turkey & Roast Gravy | Mexican Beef Chilli with Chopped Rainbow Salad (CE) | GF Fish Fingers with Lemon Mayo (E, F) |
| Vegetarian Dish of the Day | Vegetable Casserole (CE) | GF Margherita Pizza (MK) | Piri Piri Quorn Fillets (CE, E) | Vegetable & Bean Chilli (CE, MU) | Roasted Vegetable Burger in a GF Bun (CE, E, MU) |
| Vegetable Choice | Steamed Rice, Cauliflower & Green Beans | Homemade Wedges Green Beans & Sweetcorn | Baby Roast Potatoes Medley of Seasonal Vegetables | Golden Vegetable Rice (CE) Pot Roasted Summer Greens | Chips Baked Beans Seasonal Vegetables |
| Dessert of the Day | Fresh Fruit Salad | Strawberry Milkshake (MK) | Warm Apple Compote & Custard (MK) | Blueberry Greek Yoghurt (MK) | Summer Fruit Compote & Cream (MK) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Breads (SO) Fresh Fruit Salad | Salad Bar Homemade Breads (SO) Fresh Fruit Salad | Salad Bar Homemade Breads (SO) Fresh Fruit Salad | Salad Bar Homemade Breads (SO) Fresh Fruit Salad | Salad Bar Homemade Breads (SO) Fresh Fruit Salad |

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds
* = May Contain

GLUTEN FREE
NEWHAM

