

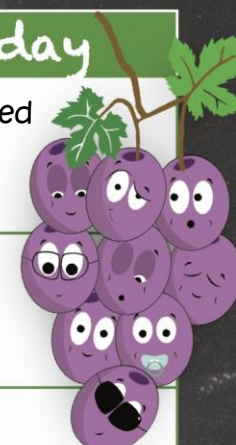
# [WEEKLY MENU]



Week 2

Weeks Commencing: Mon 2nd May - Mon 23rd May - Mon 20th Jun - Mon 11th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chinese Turkey	GF Pepperoni Pizza (MK)	Italian Herb Turkey Fillet	Cajun Turkey & Roasted Vegetables (G*)	GF Battered Fish (F)
Vegetarian Dish of the Day	Jacket Potato & Baked Beans	GF Cherry Tomato & Basil Pizza (MK)	Italian Herb Quorn Fillets (E)	Slow Roasted Pepper Frittata (E)	GF Macaroni Cheese (MK, SO*)
Vegetable Choice	Steamed Rice Wok Fried Greens	Homemade Wedges Seasonal Vegetables	Baby Roast Potatoes Medley of Seasonal Vegetables	Mexican Rice Salad (SU) Roasted Corn Ribs	Chips Baked Beans Seasonal Vegetables
Dessert of the Day	1/2 Banana with Hot Chocolate Sauce (MK)	Summer Fruit Compote with Cream (MK)	Fresh Fruit Salad	Strawberry Eton Mess (E, MK)	Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Breads (SO) Fresh Fruit Salad	Salad Bar Homemade Breads (SO) Fresh Fruit Salad	Salad Bar Homemade Breads (SO) Fresh Fruit Salad	Salad Bar Homemade Breads (SO) Fresh Fruit Salad	Salad Bar Homemade Breads (SO) Fresh Fruit Salad



**GLUTEN FREE  
NEWHAM**

Allergens:  
 CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk,  
 MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds  
 \* = May Contain