

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 9th May - Mon 6th Jun - Mon 20th Jun - Mon 11th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese	Caribbean Chicken Hot Pot (G, SO, SU)	Roast Beef, Yorkshire Pudding & Roast Gravy (E, G, MK)	Sweet & Sour Chicken (CE, G)	Fish Fingers with Lemon Mayo (E, G, F)
Vegetarian Dish of the Day	Jollof Rice (CE)	Caribbean Vegetable & Quorn Curry (CE, E)	Cheesy Pasta Bake (CE, G, MK)	Hoi Sin Vegetable & Noodle Stir Fry (CE, E, G, MU*, SO)	Slow Roasted Tomato & Cheese Pasta Bake (CE, G, MK)
Vegetable Choice	Spaghetti (G) Carrot & Peas	Rice & Peas (CE) Green Beans & Carrots	Baby Roast Potatoes Sautéed Cabbage Cauliflower	Steamed Rice Sweetcorn Broccoli	Chips Baked Beans Peas
Dessert of the Day	Strawberry Mousse with White Choc Chip Cookie (E, G, MK, SO)	Cherry Tray Bake Whipped Cream (E, G, MK)	Summer Fruit Crumble & Custard (G, MK)	Orange & Cranberry Sponge with Vanilla Sauce (E, G, MK)	Ice-Cream (MK)
Jacket Potato Bar	Cheese - MK Tuna Mayo - E, F Baked Beans	Cheese - MK Tuna Mayo - E, F Baked Beans	Cheese - MK Tuna Mayo - E, F Baked Beans	Cheese - MK Tuna Mayo - E, F Baked Beans	Cheese - MK Tuna Mayo - E, F Baked Beans
Cold Selection	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad	Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

GH '98 K 5 F 8 G

