

SAFEGUARDING CHILDREN AT ST EDWARD'S CATHOLIC PRIMARY SCHOOL



In school there are adults who can help you if someone or something is worrying you.

They are the school safeguarding team who are:

Ms Naz – Safeguarding Lead
Mr Mabey – Safeguarding Lead
Ms Tatnell – Safeguarding Lead
Ms Ellul – Safeguarding Lead

You can also talk to your class teacher or other adults who work with you in school.



What can I do if I am worried?

Sometimes people treat us in a way that makes us feel scared or hurt. It is important that we tell an adult when we are scared or hurt.

Some things that may make us frightened:

- When someone (including adults) hits, kicks or pushes you or someone else.
- When someone touches your body in a way you don't want them to or ask you to touch yourself. This could be touching your private parts or making you watch things you don't like.
- When someone says unkind things to you, bullies or threatens you or someone you care about.
- When the people who are supposed to care for you do not look after you. Maybe they aren't giving you enough food or enough sleep, or aren't keeping you warm and clean or don't take you to the doctor if you need to go.

Some of the people who might make me worried:

- Someone where I live
- A friend or neighbour
- Someone at school
- A person in my family
- A stranger

Where can things go wrong for me?

- In the street
- At home
- At a friend's house
- At school
- Somewhere you spend your free time
- Online on a computer or phone

LEARN THE UNDERWEAR RULE

TALK PANTS AND YOU'VE GOT IT COVERED!

P RIVATES ARE PRIVATE

Parts of your body covered by underwear are private. No one should ask to see, or touch them. No one should ask you to touch or look at parts of their body that are covered by underwear. Sometimes doctors, nurses or family members might have to. But they should always explain why, and ask if it's OK first.



A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

It's your body, no one else's. No one should make you do things that make you feel embarrassed or uncomfortable. If anyone tries, tell an adult you trust.



N O MEANS NO

You have the right to say 'no' – even to a family member or someone you love. Remember, you're in control of your body and your feelings are important.



T ALK ABOUT SECRETS THAT UPSET YOU

Secrets shouldn't make you feel upset or worried. If they do, tell an adult you trust. You will never get into trouble for sharing a secret that upsets you.



S PEAK UP. SOMEONE CAN HELP

Talk about stuff that makes you worried or upset. An adult you trust will listen, and be able to help. It doesn't have to be a family member. It can be a teacher or a friend's parent – or even ChildLine.



ChildLine
0800 1111

ChildLine is a service provided by the NSPCC.
012061. Registered charity number 218291 and 218292719

NSPCC
Daddy to children need stop. TELL STOP.

Stay Safe Online

Remember the five smart rules when using the internet and mobile phones

S

Safe

Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.

M

Meeting

Meeting someone you have only been in touch with online can be dangerous. Remember online friends are still strangers even if you have been talking to them for a long time.

A

Accepting

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems—they may contain viruses or nasty messages!

R

Reliable

Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows.

T

Tell

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried or if you or someone you know is being bullied online. For more information see the e-safety page on the school website.