



St Edward's Catholic Primary School

Week Beginning: 31/10, 28/11, 9/01, 06/02, 13/03.



Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Sausages with Onion Gravy & Mashed Potatoes	Jerk Chicken with Rice*	Roast Chicken & Stuffing with Roast or Boiled Potatoes	Cottage Pie (Beef)*	Fish Fingers with Potato Wedges
Main Choice Two	Cajun Chicken & Mashed Potatoes*	Tuna Wrap with Salad & Mayonnaise	White Fish Bake with Boiled or Roast Potatoes	Salmon, Broccoli & Sweetcorn Pasta Bake*	
Vegetarian Choice	Spanish Omelette with Wholemeal Baguette & Salad	Vegetarian Lasagne*	Roast Vegetable Pie with Roast or Boiled Potatoes*	Cheese & Tomato Pizza	Cheese Flan* with Potato Wedges
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Baked Beans Peas
Dessert	Strawberry & Vanilla Mousse	Apple Crumble with Custard*	Rice Pudding with Jam*	Chocolate & Orange Sponge with Chocolate Sauce*	Fruit, Jelly & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



All fish from sustainable sources
 *indicates 'home made' dish
Items subject to availability





St Edward's Catholic Primary School

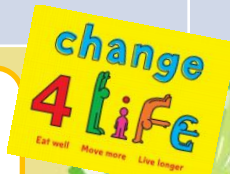
Week Beginning: 7/11, 5/12, 16/01, 13/02, 20/03..



Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Beef Burger in a Burger Bun with Salad	Chilli Con Carne with Rice & Tortilla	Roast Lamb with Roast or Boiled Potatoes	Spaghetti Bolognese*	Cod Fillet in Batter with Chips or Mashed Potatoes
Main Choice Two	Goan Fish Curry with Rice	Jacket Potatoes with Tuna & Sweetcorn	Creamy Chicken & Leek Pie with Roast or Boiled Potatoes	Chicken Fajita & Rice Fajita with Salsa*	Lamb Keema with Naan & Raita
Vegetarian Choice	Chick Pea & Potato Curry with Rice*	Two Cheese Wholemeal Hoagie Melt with Peppers & Onions	Quorn Casserole with Roast or Boiled Potatoes *	Quorn Frankfurter Hot Dog Roll with Onions	Cheese & Onion Slice with Chips or Mashed Potatoes
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Raspberry Ripple Ice Cream Sponge Roll	Banana Cake with Custard*	Orange & Mango Fruit Smoothie	Oat & Raisin Cookie	Fruit Salad with Yoghurt Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



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St Edward's Catholic Primary School

Week Beginning: 14/11, 12/12, 23/01, 27/02, 27/03.



Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	BBQ Chicken with Rice*	BBQ Sausages with Mashed Potatoes	Roast Turkey & Stuffing with Roast or Boiled Potatoes*	Lasagne (Beef)*	Fish Fingers with Potato Wedges
Main Choice Two	Cod & Salmon Korma with Rice*	Beef & Vegetable Pie with Mashed Potatoes*	White Fish Bake with Boiled or Roast Potatoes	Tandoori Chicken with Flatbread & Raita*	
Vegetarian Choice	Tomato & Pepper Pizza	Vegetarian Shepherd's Pie *	BBQ Veggie Burger in a Bun with Roast or Boiled Potatoes	Mediterranean Vegetable & Mixed Bean Pasta Bake	Vegetarian Chilli with Rice or Potato Wedges*
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Chocolate & Vanilla Mousse	Dorset Apple Cake with Custard*	Fruit Flapjack and Crème Fraiche	Orange & Lemon Sponge with Custard*	Fruit, Jelly & Ice Cream*

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



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St Edward's Catholic Primary School

Week Beginning: 21/11, 03/01, 30/01, 06/03



Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Southern Seasoned Chicken with Mashed Potatoes*	Lamb & Vegetable Jolloff Rice*	Roast Beef with Roast or Boiled Potatoes	Meatballs with Pasta & Tomato & Basil Sauce	Fish in Batter with Chips or Mashed Potatoes
Main Choice Two	Lamb & Vegetable Biryani*	Jacket Potatoes with Tuna & Sweetcorn	Chicken & Sweetcorn Pie ** with Roast or Boiled Potatoes	Lamb & Vegetable Tikka Masala with Rice*	
Vegetarian Choice	Butternut Squash Macaroni Cheese*	Vegetarian Spaghetti Bolognese*	Wholemeal Leek & Tomato Quiche with Boiled or Roast Potatoes*	Quorn & Sweet Potato Curry with Rice and Naan*	Oriental Vegetable Stir Fry with Quorn & Noodles*
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Chocolate Sponge Ice Cream Roll	Peach & Pear Crumble with Custard*	Fruit Cheesecake*	Raspberry & Coconut Sponge with Custard	Scotch Pancakes with Fruit & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread.



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